



Hon. Mamiki Qabathe  
The Speaker

# FREE STATE LEGISLATURE

## EASTER MESSAGE 2016

### Message of Easter from Hon. Mamiki Qabathe the Speaker to the Legislature

Hon. Mamiki Qabathe the Speaker to the Legislature would like to take this opportunity to support road safety campaign in helping to change driver attitudes and conduct on the road and work towards reducing road fatalities on our roads.

This is the time of the year when many of us will be on the roads going to our different destinations with the primary hope of arriving alive. Please note that fatigue can be fatal and can be experienced by anyone anytime- on both long and short trip.

### My advice to all motorists and pedestrians alike is that:

- Observe road safety rules
- Be aware of the sign of fatigue
- Do not drive when feeling tired
- Have sufficient sleep before driving
- Avoid alcohol consumption before driving
- Avoid taking medications that can make you feel drowsy
- 15 minute rest breaks with exercise after every two hours of driving
- Stop to have a sleep if you feel sleepy

We wish a happy, safe and peaceful Easter holidays!

## PUT SAFETY FIRST THIS EASTER



AN ACTIVIST LEGISLATURE THAT CHAMPIONS DEMOCRACY



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